

## **Seward Area Hospice**

907-244-3051 info@sewardareahospice.org

Seward Area Hospice is offering 2-Part Hospice
Volunteer Training 12:00-6:00 pm Saturday October 20
& Saturday October 27. Cost is \$30.00. Completion
of both days is required to receive a certificate.
To sign- up call 907-224-3051 or email
info@sewardareahospice.org.

Hospice care affirms life and our volunteers get the privilege of being a part of something greater than themselves. Being with someone on his or her end journey truly is a sacred gift because it is about being "present" to someone else. It is about being calm in the midst of chaos and being the quiet comfort in the confusion and the discomfort. It is about listening to a person's stories and sharing laughter together and sometimes tears. Most often, the smallest gesture or favor makes the biggest difference for patients and families. Getting the mail or shopping at the store, bringing flowers to the home, reading the newspaper aloud, washing the dishes, or making a favorite food. Being there on the good days and the not-so-good days with a listening heart and a smile. Our training is comprehensive to prepare you for your role with our hospice. Bring your heart and find out if your gift is direct support, grief and bereavement or organizational support.

"It is my privilege to help people make their loved ones final wishes come true, to die at home surrounded by family, friends, pets, and possessions that mean so much. Hospice to me is about patients and families having a choice". Deborah Green, *Seward Area* 

Hospice Volunteer



"Seward Area Hospice, has provided me with a way to fulfill something inside of me that needs to give/love

others and in doing so receive at the same time. It is a blessing like no other!

Julie Lindquist, Seward Area Hospice Volunteer

"To have friends with hospice love! Like a fuzzy blanket around us-in an old Alaskan-winter darkened night!" "You carried my brother and me in loving hands

from A-Z!" While my brother's state of health declined, I had no idea, that there were...."out of the blue" a team around me to: support, guide, teach, help, and stand by me!" No



other than the hospice nurse and volunteers to step in, and change my absolute lostness, into a hope; like an anchor in an ocean of a tossing sea." "An effective plan was made, how to best approach---step by step---hand in hand—day by day—night by night---by experienced caring people, forming a circle around my brother and me! We were not alone anymore!"

Words and photo shared with permission by Irma, sister of Hartmut Gronau. Pictured with Tonya Foote, RN, Program Director. Hart died peacefully at his home August 13, 2018.

Seward Area Hospice is your non-profit volunteer hospice supporting terminally ill individuals and their families. We serve clients and families in Moose Pass, Seward and Lowell Point. Our mission is to provide compassionate end-of-life care to enable comfort, dignity and choice. Seward Area Hospice is a non-profit, dependent on community donations for support of programs. We greatly appreciate the major support provided through grants from the Seward Community Foundation, an affiliate of the Alaska Community Foundation, and from the Providence Alaska Foundation. To see the full list of our wonderful donors, go to our website, www.sewardareahospice.org